

Table 1. Details of school coordinators, mentors, and life mentors from whom retrievable data was obtained in each of six countries.

Country	School coordinators	Life mentors	Gender of life mentors		Mentors	Gender of mentors	
			Male	Female		Male	Female
Czech Rep	5	4	0	4	59	26 (44%)	33 (56%)
Italy	6	38	15	23	227	75 (33%)	152 (67%)
Poland	8	9	Missing data	1	184	Missing data	Missing data
Portugal	12	8	2	6	143	54 (38%)	89 (62%)
Romania	8	6	1	5	201	74 (37%)	127 (63%)
Spain	3	4	3	1	76	36 (50%)	36 (50%)
Totals	42	69	21(34%)	40 (66%)	890	265 (38%)	437 (62%)

*Gender of Polish mentors not included on paper questionnaires used in training sessions

Table 2. Mean ratings for (a) train-the-trainer sessions, by life mentors, and (b) training sessions, by mentors, overall and by country.

Item	(a) Train-the-trainer sessions	(b) Training sessions for mentors						
	Life mentors (n=69)	Mentors overall (n=884)	Mentors by country					Spain (n=76)
			Czech Rep (n=59)	Italy (n=226)	Poland (n=180)	Portugal (n=143)	Romania (n=200)	
The training in general	4.56 <i>SD</i> =.50	4.48 <i>SD</i> =.60	4.29 <i>SD</i> =.95	4.44 <i>SD</i> =.51	4.59 <i>SD</i> =.57	4.64 <i>SD</i> =.48	4.43 <i>SD</i> =.64	4.34 <i>SD</i> =.62
The organisation of the training	4.57 <i>SD</i> =.50	4.46 <i>SD</i> =.63	4.36 <i>SD</i> =.80	4.40 <i>SD</i> =.55	4.54 <i>SD</i> =.62	4.69 <i>SD</i> =.50	4.38 <i>SD</i> =.65	4.34 <i>SD</i> =.78
The presentation of the training	4.60 <i>SD</i> =.55	4.52 <i>SD</i> =.62	4.39 <i>SD</i> =.95	4.50 <i>SD</i> =.58	4.57 <i>SD</i> =.58	4.64 <i>SD</i> =.48	4.47 <i>SD</i> =.63	4.46 <i>SD</i> =.64
The training as preparation for role as a mentor	4.41 <i>SD</i> =.60	4.44 <i>SD</i> =.66	4.36 <i>SD</i> =.94	4.49 <i>SD</i> =.58	4.20 <i>SD</i> =.72	4.73 <i>SD</i> =.44	4.49 <i>SD</i> =.59	4.29 <i>SD</i> =.73

Table 3. Mean confidence levels after training for (a) train-the-trainer sessions, by life mentors, and (b) training sessions, by mentors, overall and by country.

Item	(a) Train-the-trainer sessions	(b) Training sessions for mentors						
	Life mentors (n=69)	Mentors (n=886)	Mentors by country					
			Czech Rep (n=59)	Italy (n=227)	Poland (n=181)	Portugal (n=143)	Romania (n=201)	Spain (n=75)
Mentoring someone on the BeatBullying website	3.88 <i>SD</i> =.61	4.03 <i>SD</i> =.73	3.60 <i>SD</i> =.97	3.99 <i>SD</i> =.65	3.85 <i>SD</i> =.73	4.15 <i>SD</i> =.60	4.27 <i>SD</i> =.64	4.07 <i>SD</i> =.91
Mentoring someone face-to-face in school	n/a	3.83 <i>SD</i> =.86	3.75 <i>SD</i> =1.06	3.56 <i>SD</i> =.92	3.75 <i>SD</i> =.80	4.10 <i>SD</i> =.71	3.97 <i>SD</i> =.81	4.11 <i>SD</i> =.72
Knowing in general what bullying is	4.26 <i>SD</i> =.91	4.45 <i>SD</i> =.65	4.64 <i>SD</i> =.58	4.54 <i>SD</i> =.60	4.41 <i>SD</i> =.68	4.46 <i>SD</i> =.58	4.33 <i>SD</i> =.72	4.39 <i>SD</i> =.68
Knowing what cyberbullying includes	4.21 <i>SD</i> =.82	4.31 <i>SD</i> =.76	4.41 <i>SD</i> =.70	4.37 <i>SD</i> =.66	4.39 <i>SD</i> =.69	4.39 <i>SD</i> =.66	4.11 <i>SD</i> =.93	4.30 <i>SD</i> =.82
Knowing how to report bullying	4.26 <i>SD</i> =.75	4.21 <i>SD</i> =.73	4.17 <i>SD</i> =.73	4.32 <i>SD</i> =.64	4.25 <i>SD</i> =.72	4.20 <i>SD</i> =.71	4.15 <i>SD</i> =.79	4.01 <i>SD</i> =.89
Knowing how to help someone that is being bullied	4.01 <i>SD</i> =.70	4.11 <i>SD</i> =.71	3.90 <i>SD</i> =.87	4.04 <i>SD</i> =.65	4.06 <i>SD</i> =.72	4.18 <i>SD</i> =.58	4.20 <i>SD</i> =.76	4.18 <i>SD</i> =.76
Knowing how to help someone that is being cyberbullied	3.91 <i>SD</i> =.71	4.02 <i>SD</i> =.78	3.81 <i>SD</i> =1.08	4.05 <i>SD</i> =.68	3.98 <i>SD</i> =.71	4.10 <i>SD</i> =.70	4.03 <i>SD</i> =.85	3.96 <i>SD</i> =.92
Knowing when to refer to a counsellor	4.22 <i>SD</i> =.76	4.26 <i>SD</i> =.76	4.00 <i>SD</i> =.91	4.40 <i>SD</i> =.71	4.20 <i>SD</i> =.80	4.39 <i>SD</i> =.66	4.25 <i>SD</i> =.71	3.93 <i>SD</i> =.94

Table 4. Mean ratings for ease of use of and feelings of safety on the BeatBullying website for (a) train-the-trainer sessions, by life mentors, and (b) training sessions, by mentors, overall and by country.

Item	(a) Train-the-trainer sessions	(b) Training sessions for mentors						
Item	Life mentors (n=69)	Mentors (n=886)	Mentors by country					
			Czech Rep (n=58)	Italy (n=222)	Poland (n=182)	Portugal (n=141)	Romania (n=197)	Spain (n=72)
Ease of use of BeatBullying website	3.94 <i>SD</i> =.69	4.03 <i>SD</i> =.73	3.90 <i>SD</i> =.91	3.77 <i>SD</i> =.76	4.11 <i>SD</i> =.85	4.24 <i>SD</i> =.81	4.04 <i>SD</i> =.81	3.82 <i>SD</i> =.81
Feeling safe on the BeatBullying website	4.18 <i>SD</i> =.74	4.23 <i>SD</i> =.86	4.19 <i>SD</i> =.97	4.17 <i>SD</i> =.1.02	3.97 <i>SD</i> =.84	4.46 <i>SD</i> =.71	4.39 <i>SD</i> =.66	4.18 <i>SD</i> =.93